



BEST TIMES TO POST

Use the data to determine which time your followers are most active every day, you can schedule your content to automatically post at those times.

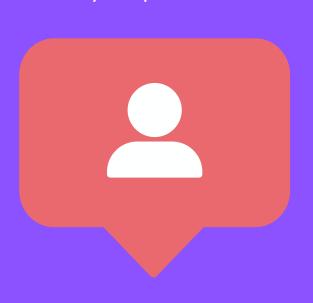


2 ENGAGEMENT RATE

You can use Instagram analytics to compare growth over various time spans, and see what you were doing during the peaks of your posts.

FOLLOWER GROWTH RATE

If your goal is to grow your account, you want to take a look at how many followers you are getting each week.





KNOWING DEMOGRAPHICS

you can figure out where your followers are located all over the world!